

A composite image featuring a view of Earth from space at the bottom, showing the blue atmosphere and white clouds. In the top left corner, a large, detailed view of the moon is shown. In the top right corner, a bright star or sun is depicted with a lens flare effect. The background is a dark, star-filled space.

One Planet.
One Humanity.
One love.
Respect.

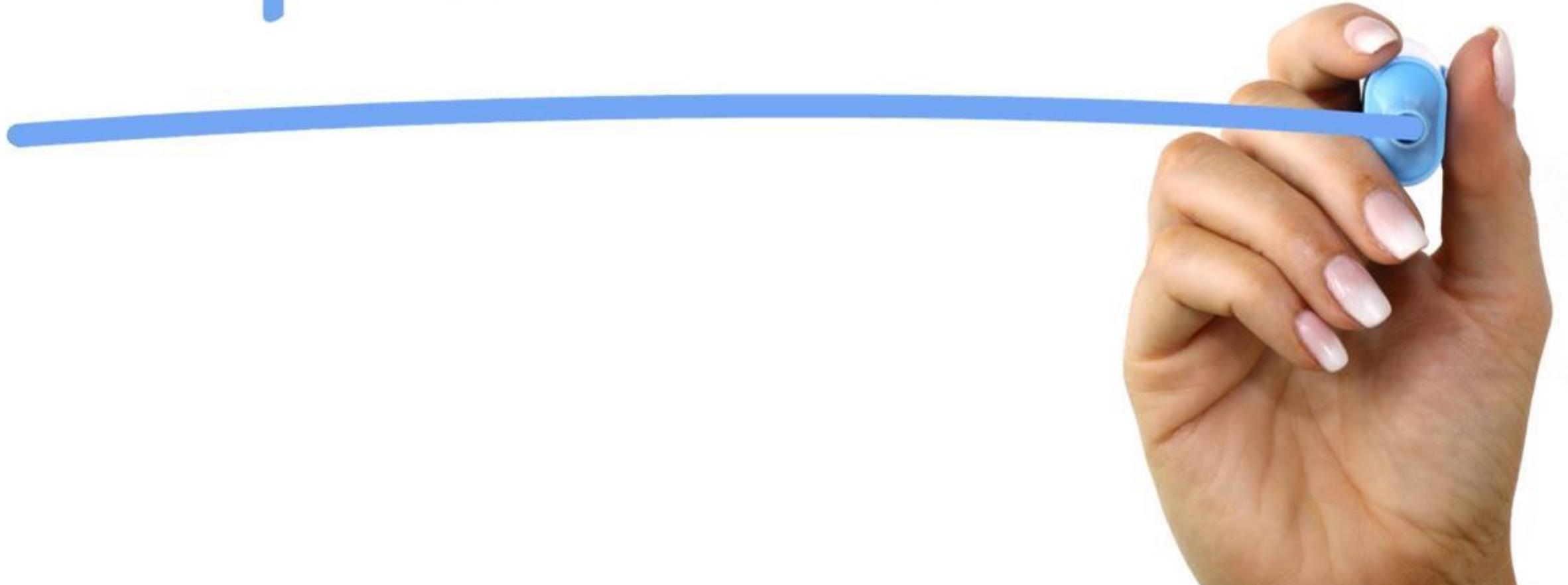
THE ONE

PHILOSOPHY



#BeTheOne

AGREEMENTS





“The most important things in life aren’t things.” ~

Anthony J. D’Angelo



**The speed of the pack
is the speed of the leader.**

righteousness
conscience
conventionalities
discharge
attitude
propriety
behavior
ideal
decency
nature
sense
praise
worth
ethos
virtue
law
performance
credit
faith
etiquette
honor
act
self
good

belief
merit
temperance
character
fundamental
respectability
fulfill
ritual
standards
conduct
ethics
convention
moral
principles
philosophy
code
right practice
good

merit
temperance
character
fundamental
respectability
fight
honesty
oneself
habits
policies
action
excellence
innocence
mores
criteria
worthiness
canon
culture
rule
virtuously
imperative
scruples
delivery
way



A faint, light blue background image of a person's face, possibly a woman, with a grid overlay. The grid is composed of thin, light blue lines that form a pattern of squares and rectangles across the entire image. The person's face is centered and slightly blurred, with their eyes closed or looking down. The overall tone is soft and ethereal.

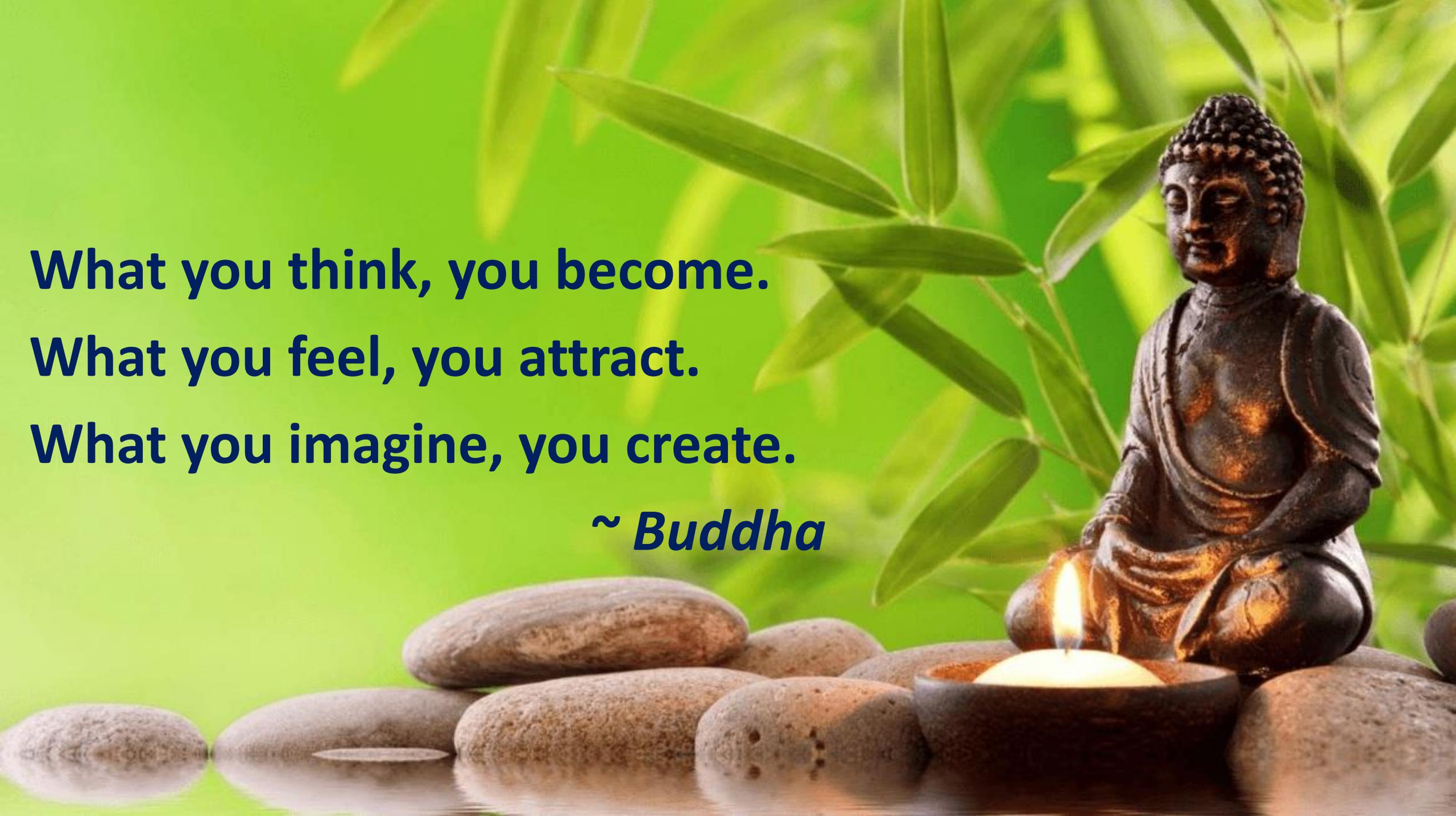
***Our thoughts set the course
for the quality of our lives***

What you think, you become.

What you feel, you attract.

What you imagine, you create.

~ Buddha





Our greatest ally in creating lasting change is honesty about the way we feel.

**Only when we are honest can we
begin to grow.**



What thoughts are creating your life?

I'd like to change:

1. _____
2. _____
3. _____

I'd like more:

1. _____
2. _____
3. _____

I keep thinking:

1. _____
2. _____
3. _____

In 6 months I'd like:

1. _____
2. _____
3. _____

What thoughts are creating your life?

The most important things in my life right now are:

1. _____
2. _____
3. _____

The qualities in people I admire most are:

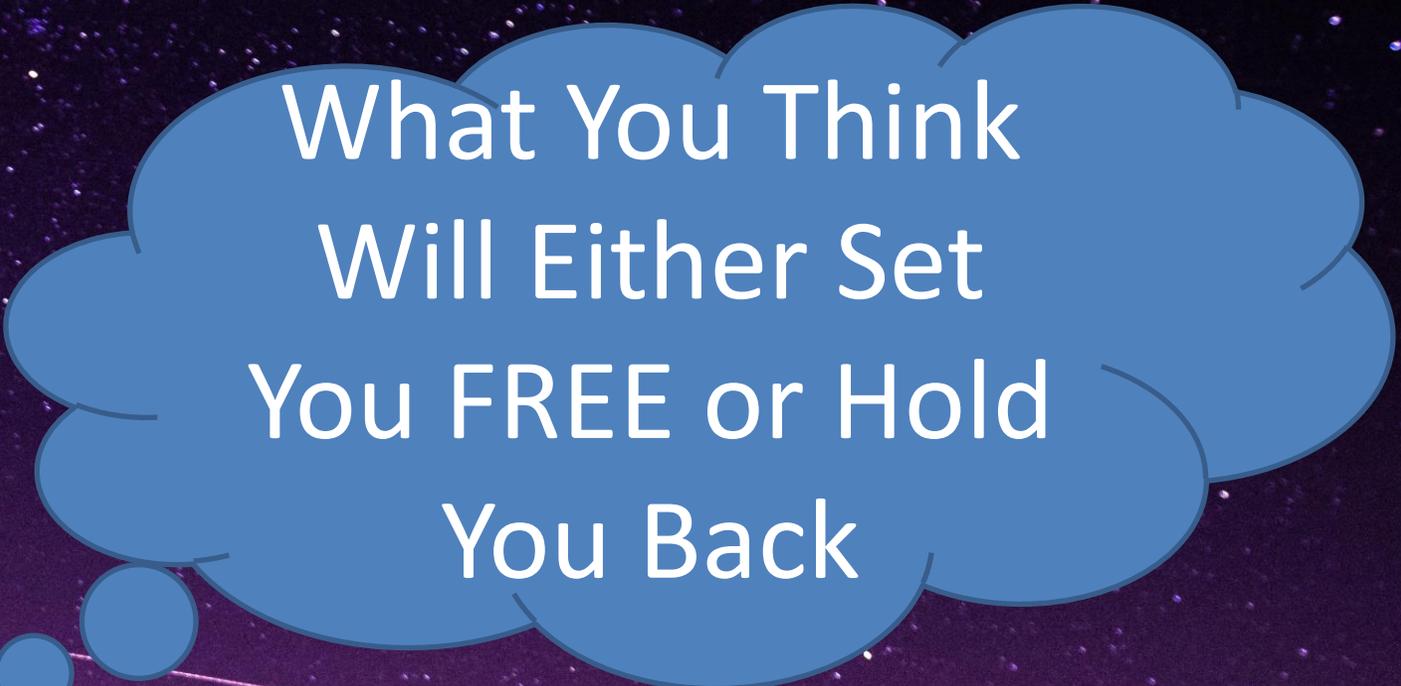
1. _____
2. _____
3. _____

I'd be delighted if my life included:

1. _____
2. _____
3. _____



***Everything Begins
in Thought***

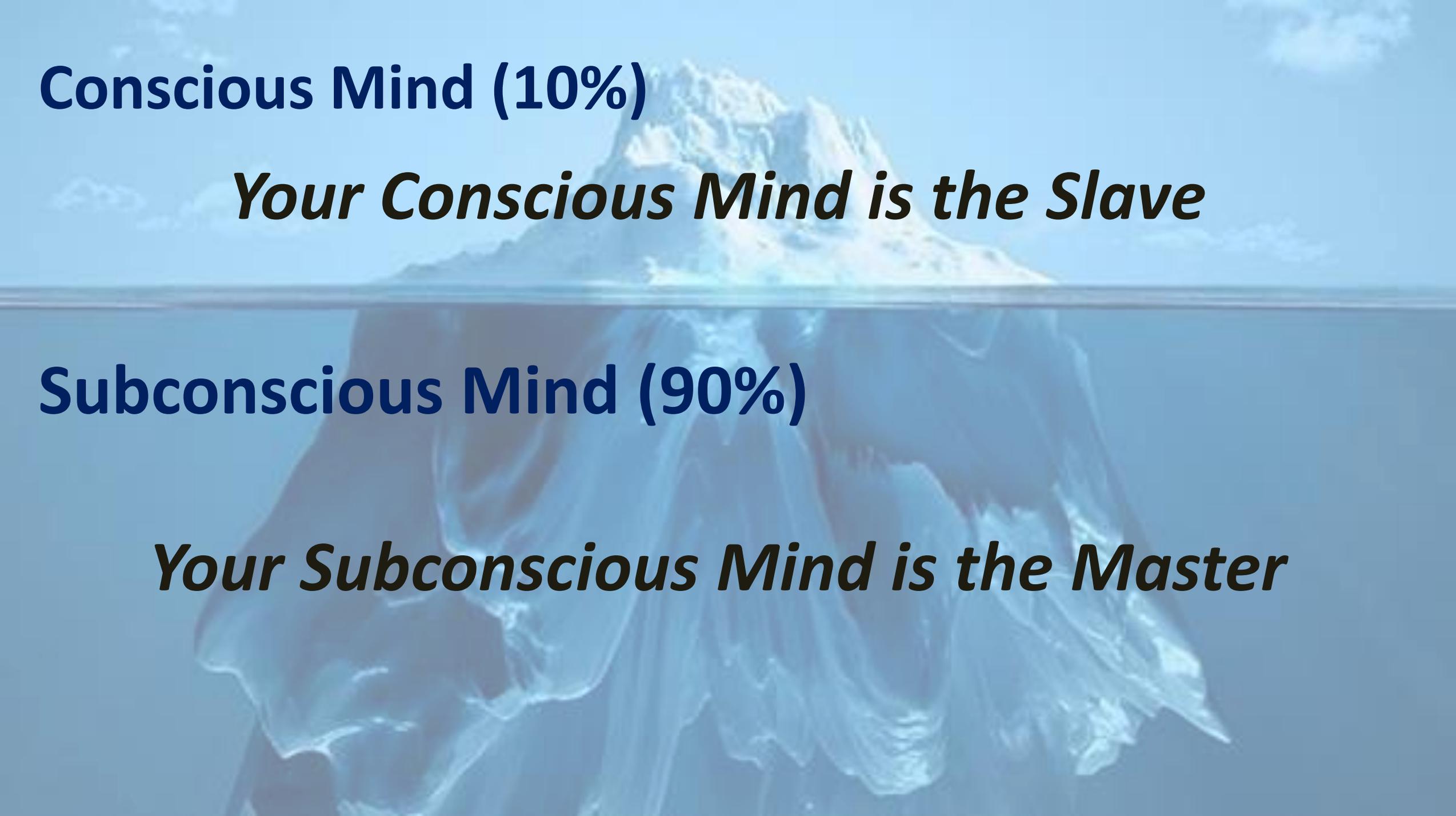


What You Think
Will Either Set
You FREE or Hold
You Back

- **What we think of ourselves**
- **What we think of others**
- **What we think others think of us**
- **What we focus on**

Your
mind
is your instrument.
Learn to be its
master
and not its
slave



An iceberg floating in the ocean, with a small portion above the water and a much larger portion submerged. The image is overlaid with a semi-transparent blue filter. The text is positioned on the image to illustrate the concept of the conscious and subconscious mind.

Conscious Mind (10%)

Your Conscious Mind is the Slave

Subconscious Mind (90%)

Your Subconscious Mind is the Master

Conscious Mind (10%)

Critical Thinking

Logical Thinking

Short Term Memory

Willpower

Subconscious Mind (90%)

Beliefs

Creativity

Emotions & Feelings

Long Term Memories

Habits & Addictions

Imagination

Intuition

Protective Reactions

Values

Conscious Mind (10%)

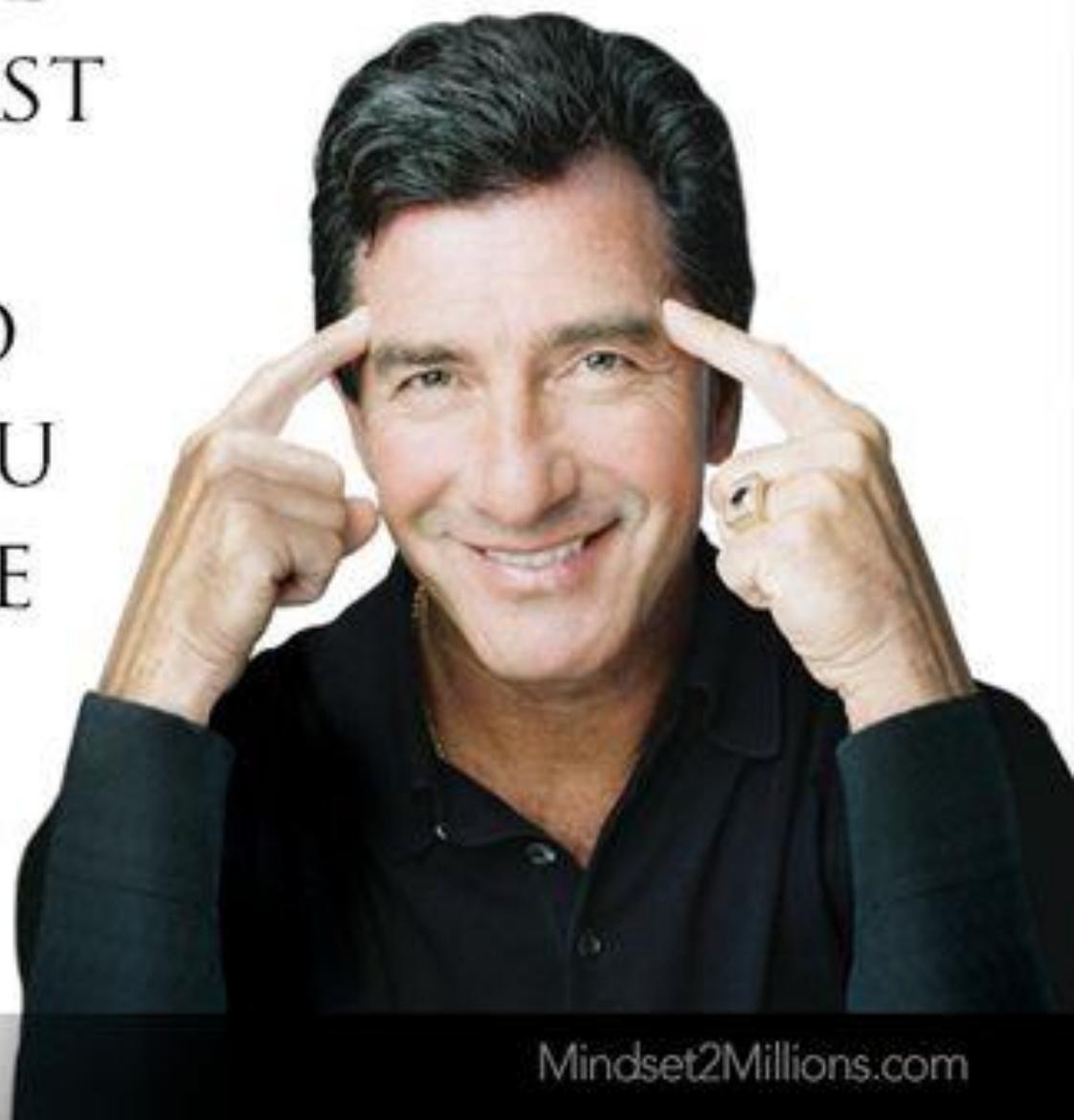
The conscious mind tries to use willpower to control behaviors, habits & beliefs but loses out to the subconscious minds greater influence

Subconscious Mind (90%)

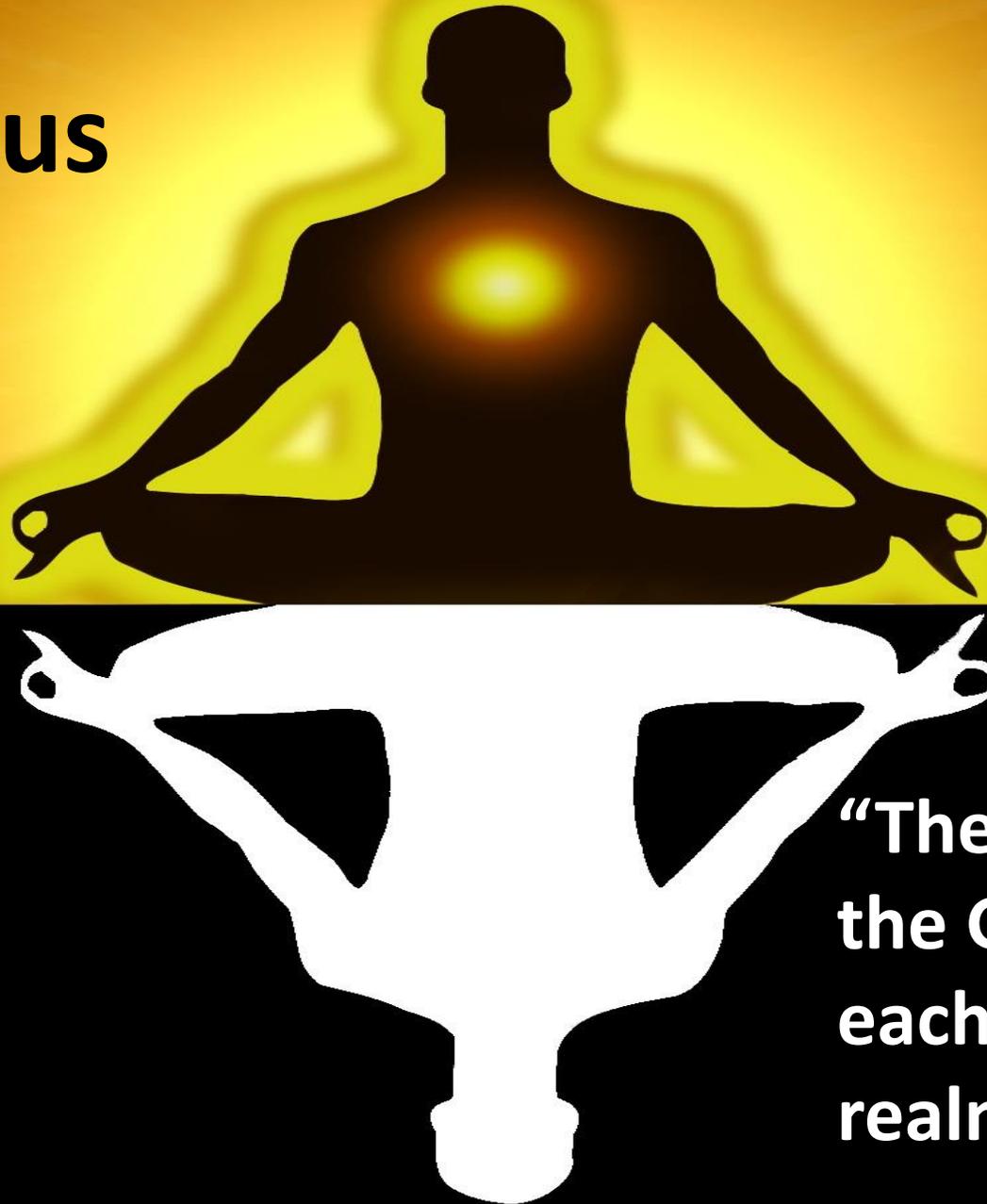
*To create real change and have our conscious mind Shift we **MUST** get to the root cause in our subconscious mind that is running the show*

“IF YOU WANT TO CHANGE
THE FRUITS, YOU WILL FIRST
HAVE TO CHANGE THE
ROOTS. IF YOU WANT TO
CHANGE THE VISIBLE, YOU
MUST FIRST CHANGE THE
INVISIBLE.”

T HARV EKER



Super Conscious



“The Super Conscious is the God Mind within each man, and is the realm of perfect ideas.”

~ Florence Shinn

Infinite Intelligence - - - The Super Conscious

“...the power which translates one’s thoughts or desires into realities has its source in an Infinite Intelligence which knows more about plans than the one doing the praying.”

Napoleon Hill



Thoughts

Words

Actions

We must get to the root of what's creating our thoughts & clear the pathway for the Super Conscious (Infinite Intelligence) to lead the way



Super
Conscious

Subconscious

Conscious

Thoughts

Words

Actions

Habits

Character



The background features a dense, chaotic pattern of glowing light trails in shades of gold, yellow, and white, set against a dark, almost black background. The trails are thin and elongated, creating a sense of motion and energy. The overall effect is reminiscent of a starburst or a complex network of light paths.

AWARENESS

Levels of Awareness



The Emotional Guidance Scale

High Emotion = Strong Attraction
(The Better It Gets, The Better It Gets!)

High Vibration

- Joy / Knowledge / Empowerment / Freedom / Love / Appreciation
- Passion
- Enthusiasm / Eagerness / Happiness
- Positive Expectation / Belief
- Optimism
- Hopefulness
- Contentment

Getting What You Want >>

Low Emotion = No Attraction

- Boredom
- Pessimism
- Frustration / Irritation / Impatience
- "Overwhelm"
- Disappointment
- Doubt
- Worry
- Blame
- Discouragement
- Anger
- Revenge
- Hatred / Rage
- Jealousy
- Insecurity / Guilt / Unworthiness
- Fear / Grief / Depression / Despair / Powerlessness

Getting What You Don't Want >>

Low Vibration

High Emotion = Strong Attraction
(The Worse It Gets, The Worse It Gets!)

(c) MMVII Richard McKim

Above the Line



Below the line

The Emotional Guidance Scale

High Emotion = Strong Attraction
(The Better It Gets, The Better It Gets!)

High Vibration

Getting What You Want >>

- Joy / Knowledge
- Passion
- Enthusiasm / Eagerness
- Positive Expectation
- Optimism
- Hopefulness
- Contentment

Low Emotion = No Attraction

Getting What You Don't Want >>

- Boredom
- Pessimism
- Frustration / Irritation / Impatience
- "Overwhelm"
- Disappointment
- Doubt
- Worry
- Blame
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Low Vibration

High Emotion = Strong Attraction
(The Worse It Gets, The Worse It Gets!)

Super Conscious

Subconscious

Creativity, Ideas
Love, Win-Win's
Inspired Action

Stuckness, Angst
Envy, Frustration
Competitiveness
Win-Lose

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2. _____
3. _____

I'd like more:

1. _____
2. _____
3. _____

I keep thinking:

1. _____
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The most important things in my life right now are:

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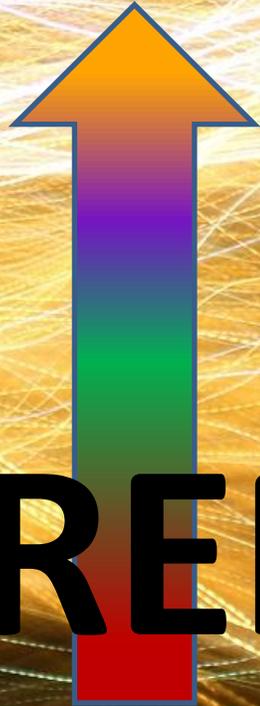
I'd be delighted if my life included:

1. _____
2. _____
3. _____

The qualities in people I admire most are:

1. _____
2. _____
3. _____

Response-Ability



AWARENESS

“We are the sum total of our experiences, which is to say that we are burdened by our pasts.

When we experience stress or fear in our lives, if we would look carefully, we would find that the cause is actually a memory.

It is the emotions which are tied to these memories which affect us now.

The subconscious associates an action or person in the present with something that happened in the past. When this occurs, emotions are activated and stress is produced.”



Mornah Nalamaku Simeona

Dear Universe, God, the Super-subconscious and all those who care about me in spirit. Please locate the origin of my feelings and thoughts of [INSERT ISSUE]

Take each and every level, layer, area and aspect of my being to this origin.

Analyze it and resolve it perfectly with God's truth.

***Come through all generations of time and eternity,
healing every incident and its appendages based on the origin.***

***Please do it according to God's will until I am at the
present filled with light and truth.***

***God's peace and love, forgiveness of myself for my incorrect perceptions
Forgiveness of every person, place, circumstance and event that has contributed
to these feelings and thoughts.***

I am sorry, please forgive me, thank you, I love you

Ho'oponopono

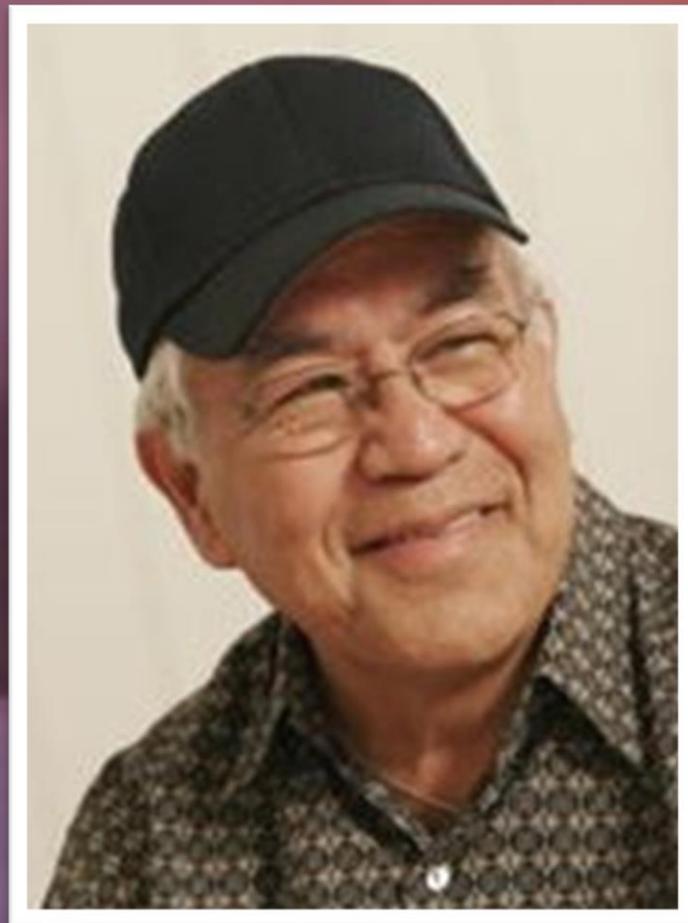
(Dr. Len's version)

I am sorry.

Please forgive me.

I love you.

Thank you.



Dr. Ihaleakala Hew Len

Step 1 – Awareness that you are feeling “below the line”

Step 2 – Acknowledge the feeling / thought within you

**Low Vibration
Below the Line**

Frustration, irritation, impatience, overwhelmed, disappointment, doubt worry, blame discouragement, anger, revenge, hatred, rage, jealousy, insecurity, guilt, unworthiness, fear, grief, depression, despair, boredom, pessimism and/or powerlessness.

***It’s never really about the other person / circumstance, it’s about how you respond to it. Taking 100% response-ability allows you to transform it rather than being a victim to it**

Step 3 – Use Ho'oponopono to clear and shift

***You are speaking to Source | Divine |
Universe | God about YOU***

(NOT the person or the event)

I'm sorry

For having fears (thoughts) about _____

Please forgive me

For having for having them in my mind

And forgetting that I am always taken care of and that love is always available to me through you

Thank you

For erasing these fears (thoughts) from my mind

I love you

For taking care of my mindset so I can allow more love (money) to come into my life