

My Intentions & Goals to Achieve by December 31, 2024	
Business	Personal
Success formula ... fuel your intentions and inspired actions by knowing the emotional and intangible factors related to achieving your goals.	
Motivation	
WHY I want these goals? <i>(the specific outcomes you are looking for)</i>	
List ALL the Benefits here <i>(of attaining your goals)</i>	
The BIG Benefit <i>(of achieving goals)</i>	
What is the PAIN? <i>(of NOT achieving your goals)</i>	
Achieving this Goal will also help me <i>(other areas)</i>	
Obstacles or Challenges	
What obstacles or challenges may I encounter?	
Ways to get past the obstacle(s) or challenge(s)?	
How will you or your business need to be different? <i>(a worthwhile goal often requires us to look at or do things differently)</i>	
In order to achieve these goals I/we will START doing	
In order to achieve these goals I/we will STOP doing	
In order to achieve these goals I/we will need to be someone that is	
Moving Forward	
Resources available to achieve these goals	
Resources I will need to achieve these goals	